

2016 Overview of Confirmation Preparation Resources

Resource	Publisher or Author Denomination	Purpose & Content Articulation	Format	Ages	Cost
Affirming Faith , updated and revised	United Church Press (Thomas E. Dipko) <i>United Church of Christ</i>	To aid persons in affirming and renewing faith; “connecting with the congregation” through mentoring, witness, service, projects, field trips, retreats, & liturgical resources following UCC Statement of Faith	25 90-minutes sessions Print	12-16 years	\$28 Guide \$13 Journal
A People Called Episcopalians , revised edition	Church Publishing (John Westerhoff & Sharon Ely Pearson) <i>Episcopal</i>	Addresses the foundational issues of what it means to be an Episcopalian, devoting chapters to things Episcopal: Identity, Authority, Spirituality, Temperament, and Polity www.churchpublishing.org/products/apeoplecalleepiscopalians	48 pages Print / ebook	Young Adult Adult	\$6.00
Colaborate: Lutheran Confirmation	Sparkhouse <i>Lutheran/ELCA</i>	Part of the Colaborate youth curriculum, this module is designed for Lutheran Confirmation units (Lutheran History & Catechism, Lutheran Living, Old Testament, New Testament)	15 lessons per unit Print and DVD	Youth	By unit: \$29.99 Leader \$7.99 Student Handbok \$29.99 DVD
Confirmed: Anointed & Sealed	Morehouse Education Resources Roman Catholic	To have candidates take into their minds and hearts theological concepts and important church teachings on the sacraments that will be manifest in their attitudes and behaviors. Based on the Roman Catholic Rite of Confirmation.	2 years Print	7-17 years	\$16.50 Leader \$6.50 Younger Journal \$6.40 Older Journal \$6.50 Adult Journal
Confirm not Conform: Youth	Forward Movement Versions: <i>Episcopal, Lutheran, Methodist, UCC, PResbyterian</i>	Classroom work, field trips, mentor relationships, and challenges to take responsibility for understanding faith and its power. Youth discover their own voice as they confirm their beliefs. www.confirmnotconform.com	20 sessions 90 minutes ea. Downloadable	8 th grade Youth	Based on ASA; one-time licensing fee: \$149 - \$499.00
Confirm not Conform: Adult	Forward Movement <i>Episcopal</i>	Lessons invite participants to ask the questions they’ve always wanted to ask and to explore their faith from an adult perspective. The lesson plans covers the basics on Bible, creeds, prayer book and sacraments. Participants experiment with different spiritual practices to find what ones work best for them. www.confirmnotconform.com	18 sessions 90 minutes ea. Downloadable	Adults	Based on ASA; one-time licensing fee: \$149 - \$499.00

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CREDO	Cokesbury <i>United Methodist</i>	“Know Your Story: encounter the faith narrative from creation to Christianity; Confirm Your Faith: embrace the central beliefs and practices of the United Methodist Church; Live Your Commitment: embody the confirmation vows and embark on the Christian discipleship journey. www.credoconfirmation.com	8 weeks to 3 years 3 units of 6 sessions each Downloadable	12-14 years 15-18 years 18-30 years	\$50.04 Director \$19.49 Teaching Plans for 8 weeks \$8.44 Journal \$7.14 Mentors
Crossings: God’s Journey With Us	Logos Productions <i>United Methodist Reformed</i>	Focuses on exploring the 8 core stories of the Bible, relating the core biblical story to our individual stories, and participating in the real life practices of the Christian church through worship, community, devotional life, and service.	30 sessions (15 OT, 15 NT), 3 retreats. One or two year program. Print	Youth	\$95.23 Review Kit \$47.58 Leader \$23.77 Journal
The Discovery Series: A Christian Journey	Diocese of Texas <i>Episcopal</i>	DVD series: Includes a brief history of the Episcopal Church, an instructed Eucharist, spiritual gifts assessment, Bible, Jesus, the Creeds, and Baptism.	Each course has 2-4 video segments (about 15 min ea.) to be followed by 45’ group work.	Young Adults Adults	\$379 (from Forward Movement) In Spanish also
H2H: Head to the Heart	Faith Inkubators <i>Lutheran/ELCA</i>	H2H combines current life with Biblical truths, creating critical thinking, deep caring, faithful young people. It features art, music, skits, and game shows, while building lasting caring relationships at church. Blend learning, Christian service and fellowship with our time-tested system.	90 PowerPoint based lessons; 10-lesson theme set CD-Rom	Youth	\$99 - \$1,699 ASA
Here We Stand	Augsburg Fortress <i>Lutheran/ELCA</i>	Students experience a connection between the class content and their affirmation of Baptism each week, how their faith connects to real life, while the expanded small group material encourages relationship building between mentors and learners. Solid biblical and theological content helps connect students with their Lutheran heritage, while video, music and other multimedia resources make the material more approachable for today's learner. (NRSV) www.augsburgfortress.org/herewestand	2 or 3 year scope and sequence, 31 session in each year; • OT • NT • Catechism Online platform for teachers	Youth	\$65 Annual Subscription \$14.99 Student

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I Believe	Faith Alive Resources <i>Christian Reformed</i>	For teens who are preparing to make public profession of faith. Through discussion, action, and relationship building with a mentor, they will learn to express what they believe and grow in their walk with God.	Print	Middle School High School	\$10 Study Guide \$13 Mentor Guide
I Believe: Confirmation for the 21st Century	LeaderResources <i>Episcopal</i>	Experience and reflect on what it means to name Jesus Christ as Lord and Savior in the context of the Episcopal Church that is based in the biblical stories involving classroom reflection, retreats, community service, mentors, prayer, worship, and internships in the congregation.	2 years Downloadable	6-9 th Grade	\$129.95
I Will, with God's Help	Morehouse Education Resources (Mary Lee Wile) <i>Episcopal</i>	Confirmation is a public renewal of one's baptismal covenant, a reaffirmation of Christian identity. Built on the Baptismal Covenant in the Book of Common Prayer, including readings from the Gospels to match the lectionary year.	6-12 weeks or adaptable for retreats	Grades 6-12	\$21 Leader \$6.25 Youth Journal \$6.25 Adult Journal \$6.96 Mentor Guide
The Journey: Discipleship / Confirmation	<i>Evangelical Covenant Church</i>	The Journey is the official confirmation material of the ECC. The goal of The Journey is to present an overview of the Bible and church beliefs while offering all participants the opportunity to make or strengthen their personal commitment to follow Christ. www.covchurch.org/confirmation/	2 years; 60-90 minute sessions	Youth Adult	Leader Mentor Student Journal Audio available
Living Water: Baptism as a Way of Life	Church Publishing (Klara Tammany) <i>Episcopal</i>	Explores Baptism (and renewal of promises) through music, prayer, poetry, and story following the Baptismal Covenant	Book	High School Young Adult Adult	\$28
Making Disciples	Wood Lake Books (William Willimon) <i>United Methodist</i>	Pairs confirmands with adult mentors and guides them through a variety of learning experiences that will strengthen the student's understanding of the faith while connecting him or her with the community of believers in a personal way. Topics covered include: God, Jesus, Holy Spirit, Worship, The Bible, Saints and Gifts, Ministry, Baptism, Spiritual Life, Death and Resurrection, Life in the Church, and The Faith Journey Continues.	13 weeks – 3 months; mentor based	12-19 years	\$17.50 Confirmand Journal \$21 Coordinator \$18.50 Mentor Guide \$37.50 Mentor Support DVD

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My Confirmation: A Guide for Confirmation Instruction, revised edition	United Church Press (Thomas Dipko) <i>United Church of Christ</i>	Designed as a workbook, it provides youth with insight into: the Bible, its origins, and how to use it; Christian beliefs; understanding God, Jesus, and the Holy Spirit; and the Christian church. This book also addresses some vital questions regarding the importance of church and the meaning of confirmation, and contains a helpful resource section.	Workbook	8 th Grade	\$16.50 Workbook
My Faith, My Life: A Teen's Guide to the Episcopal Church	Morehouse (Jenifer Gamber) <i>Episcopal</i>	Written for teens as they explore the Episcopal Church and prepare for Confirmation. Chapters include Bible, Baptism, Church History, Prayer, Worship, Polity, and more. End of chapter reflection questions; Leader Guide for a 6 or 10-week program and/or retreat.	Flexible Print	Youth	\$20 Youth Book \$14 Leader Guide
Pilgrim: A Course for the Christian Journey	Church Publishing <i>Episcopal</i>	Approaches the great issues of faith not through persuasion but participation in a pattern of contemplation and discussion in a small group. <i>Follow Stage:</i> Turning to Christ, Lord's Prayer, Commandments, Beatitudes; <i>Grow Stage:</i> Creeds, Eucharist, Bible, Church & Kingdom (6 sessions each. www.PilgrimProgram.org)	8 topics 6-7 sessions each 60-90 minutes Print	High School Young Adults Adults	\$12.95 Leader's Guide \$9.95 each course book
Professing Our Faith: A Confirmation Curriculum	Westminster John Knox Press <i>Presbyterian</i>	Provides youth with a foundational understanding of the Reformed-Presbyterian faith. Echoes the emphases of the Study Catechism, it presents the biblical foundations and theology of the Apostle's Creed, the Ten Commandments, and the Lord's Prayer. Additionally, Professing Our Faith invites young people to explore the meaning of their baptism and their participation at the Lord's Supper, as well as learn about church polity, stewardship, spiritual practices, worship and mission.	35 sessions Print	Youth	\$72.95 Leader Guide \$10 Student's Book \$5.25 Student Notebook

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re:form: Tradition	Sparkhouse <i>Methodist</i> <i>Lutheran</i> <i>Reformed</i>	Denomination specific four-unit curriculum that shares the history, beliefs, and practices that help youth discover how their faith tradition came to be.	DVD and Anti-Workbook Print	Youth	\$4.49 Workbook \$19.99 Leader Guide \$24.99 DVD
Sealed and Sent Forth	LeaderResources (Episcopal Diocese of East Carolina) <i>Episcopal</i>	Follows a format of worship, content, discussion, reflection, and community building.	15 sessions 2-hours each Downloadable	Youth Adults	\$79.95
The Seekers	LeaderResources (Rick Brewer) <i>Episcopal</i>	To call young people into adulthood by discovery, wonder, and reflection on life in light of our Christian tradition. 4 units: Faith, Life, Self, and Values. 2 years (25 sessions each year)	2 years 25 sessions each Downloadable	Young Adults (18-25)	\$79.95
To Know, To Live, To Grow	Augsburg Fortress <i>Lutheran/ELCA</i>	Helps youth integrate their faith with their families and into their congregational lives. Divided into 3 units (3-9 sessions each) to equip youth for building a faithful life. To Know emphasizes the foundations of faith. To Live is to be used in conjunction with service projects. To Grow fosters faith in the real world.	3 Units 3-9 sessions each Print	Grades 6-10	Each Unit: \$5.50 Leader \$2.50 Participant
Your Faith, Your Life: An Invitation to The Episcopal Church	Morehouse (Jenifer Gamber) <i>Episcopal</i>	The book carefully unpacks the Episcopal Church's language of worship, theology, church structure, and sacraments, so that newcomers will have the vocabulary and framework to share their beliefs and practices, explore the Bible, understand prayer and discern their own ministry within the church. Free, downloadable Leader's Guide.	Print Audio version available	Adults	\$18.00 Book

Key: Blue – youth; Green – young adult / adult; Yellow – adult; White – mixed or all ages